

All The Script is going to go here for each slide

WELCOME TO OUR MAKE NEW FRIENDS-FRIENDSHIP WORKSHOP!

We hope you guys make new friends and learn more about keeping and maintaining friendships throughout this event

FRIENDSHIP

**Taught by,
Susan Weinhardt, Izzy Kane, and Stella Monner**

Stella- Something to know about us is that we have been friends since before kindergarten and have made it through 10 years of our lives being friends.

We are going to teach you some of the things that helped us through things that could go wrong in any relationship.

INTRODUCTION

INTRODUCTION ACTIVITY

In this activity you will join up in groups of three. Once you have found your group come find one of us (Stella, Susan, and Izzy) and we will give you your paper and a few markers. One person in your group will lay down while the other two trace them. Once you are done tracing them they will get up. You will then write words that you think describe a good friend. Once you are done write your names and bring your paper up to us.



INTRODUCING
YOURSELF

SAY HELLO

Being able to walk up and say hello is a huge part of making a new friend. In this portion of the program I will walk you through the steps to introducing yourself to someone new and finding common interests.

Stella- So being able to walk up someone and say hello

COFFEE GAME

What's your favorite drink? 2 syllables.

KITTEN IN THE CORNER

SOUL MATE/RED UNDIES

In this game one person will stand up in front of every the others with their back turned. Everyone will sand up acing them. The person in front will say something about themselves, if someone does not share that interest they will sit down. Last person standing is their soul mate!

Point of this game: Finding a common interest

LONG-TERM AND HEALTHY FRIENDSHIPS

ARE YOU FEELING GOOD ABOUT YOUR FRIENDSHIPS

- Do you have a best friend? If so how do you feel about them?
- How does it feel when you are around your best friend?
- How long have you two been friends?

Longterm and Healthy Friendships:

- Trust
- Listening
- Teamwork

Susan- In my experience when you aren't sure about something you might need to think and process it. I don't want to make this part super long and drag but I want you to get a few things out of it. You know that feeling that you get when you know something is wrong. Like when you are sick, you feel it in your gut. Same with friendships. You can usually feel if that friendship is one sided (only benefiting one person) or if you both are benefiting.

CAPTAIN ON DECK (EXTRA)

MIRRORS

TRUST BUILDING GAME: (GIRL IN THE MIDDLE)

FAKE FRIENDS

FAKE FRIENDS (HOW TO BE A REAL FRIEND)

What are fake friends? And what makes them different from real ones?

How do you stay a real friend?

- What fake friends are
 - How to distinguish them from a good one
- How to avoid becoming one, and them in general
 - Can connect with first point

So one way or another, at some point you'll encounter fake friends. They may be obvious, or they may be hard to distinguish from real friends

REVISIT TRACING ACTIVITY

Now that you know more about friendship go back and create a new trace with what you learned



CONCLUSION (CLOSING CIRCLE)

IF TIME PERMITS: (EXTRA)

- Build on what you've already taught
- Play more games